

Lovers Knot



Planning a memorable engagement dinner? The lovers knot symbolizes the unity between two people. The lovers knot napkin fold is easy to do but takes a bit of practice to get it right.

Step1

Iron the napkin flat.



Step2

Fold the napkin in half



Step3

Fold it again in half again.



Step4

Continue to fold it in half twice more.



Step5

Approx one third from the right, fold down the edge of the napkin so that the folded edge is vertical



Step6

Fold the left half of the strip down from the same point of the top edge, folding it back



Step7

Fold the longer end of the strip back a second time, swing it in front of the right side

